



Current CMC Group Schedule

Updated 1/2017

	Monday	Tuesday	Wednesday	Thursday
11 AM				
12 PM			DBT Skills Group (3)	
1 PM				
2 PM		STAIR Group (Process Group)		
3 PM	CRAFT Parent's Group (1)		STAIR Group (Skills Group)	
4 PM				
5 PM	CRAFT Parent's Group (2)	Anxiety Group	DBT Skills Group (1)	Process Group (2)
6 PM		Relapse Prevention (CBT) Group (2x/week)		Process Group (2)
7 PM		Men's Group		Relapse Prevention (CBT) Group (2x/week)
8 PM				Process Group (3)

Group Name	Time	Group Name	Time	Group Name	Time
Men's Group	T 6:15 – 7:45 PM	Anxiety Group	M 5:15 – 6:45 PM	Process Group	(1) T 5 – 6:30PM
STAIR Group	Process Group: T 2 – 3:30 PM	DBT Skills Group	(1) T 4:30 – 6 PM		(2) Th 5 – 6:15 PM
	Skills Group: T 3 – 4:30 PM		(2) T 6:30 – 8 PM		(3) Th 6:15 – 7:45 PM
CRAFT Parent's Group	(1) M 3 – 4:30 PM (2) M 4:45 – 6 PM		CRAFT Partner's Group	T 5 – 6:30 PM	Relapse Prevention (2x/week)